



# Park and Rec and Community Programs 2009 Breakfast Menu

Choose up to 2	Choose 1	Plus
Breakfast Bread Graham Crackers Cereal Yogurt	1% Milk Chocolate Skim Milk	100% Fruit Juice
<p><i>Breakfast Breads where offered:</i>            Banana Chocolate Chip Muffin, Apple Cinnamon Bread,            Lemon Poppyseed Bread, Energy Bar, Pumpkin Bread</p>		

\* Menu subject to change due to availability of food.

Allergy Notice: Products have been made at the District's Nutrition Center or plants where milk, eggs, soybeans, tree nuts, peanuts and other ingredients are used.

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