



# Park and Rec and Community Programs 2009 Snack Menu

Choose 1	Choose 1
Grain Choice Graham Crackers	100% Juice <i>PLUS</i> Raisins or Baby Carrots <i>OR</i> Milk
<p><i>Grain Choices where offered:</i> Banana Chocolate Chip Muffin, Apple Cinnamon Bread, Lemon Poppyseed Bread, Energy Bar, Pumpkin Bread</p> <p><i>Milk choices include:</i> 1% and Chocolate Skim</p>	

\* Menu subject to change due to availability of food.

Allergy Notice: Products have been made at the District's Nutrition Center or plants where milk, eggs, soybeans, tree nuts, peanuts and other ingredients are used.

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